

North Cape Lunch Menu

October
2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Choose MyPlate.gov</p>			<p>1</p> <p>Cheeseburger</p> <p>Grape Tomatoes with Ranch Dressing Orange Animal Crackers Milk</p>	<p>2</p> <p>Crispy Chicken Strips</p> <p>Cucumber Slices with Ranch Dressing Apple Pretzel Goldfish Crackers Milk</p>
<p>5</p> <p>Crispy Chicken Sandwich</p> <p>Grape Tomatoes with Ranch Dressing Orange Frito Corn Chips Milk</p>	<p>6</p> <p>Mozzerella Cheese Dippers with Marinara Sauce</p> <p>Celery Sticks with Ranch Dressing Watermelon Slice Goldfish Pretzel Crackers Milk</p>	<p>7</p> <p>Cheeseburger</p> <p>Baby Carrots with Ranch Dressing Orange Animal Crackers Strawberry Gushers Milk</p>	<p>8</p> <p>Crispy Chicken Strips</p> <p>Cucumber Slices with Ranch Dressing Apple Potato Chips Milk</p>	<p>9</p> <p>Breakfast Sandwich with Egg and Cheese</p> <p>Grape Tomatoes with Ranch Dressing Orange Cinnamon Crisp Crackers Milk</p>
<p>12</p> <p>Roasted Hotdog on Bun</p> <p>Grape Tomatoes with Ranch Dressing Orange Pretzels Milk</p>	<p>13</p> <p>Cheeseburger</p> <p>Baby Carrots with Ranch Dressing Apple Cheddar Sunchips Rice Krispie Treat Milk</p>	<p>14</p> <p>Crispy Chicken Strips</p> <p>Cucumber Slices with Ranch Dressing Banana BBQ Potato Chips Milk</p>	<p>15</p> <p>Mozzerella Cheese Dippers with Marinara Sauce</p> <p>Celery Sticks with Ranch Dressing Orange Animal Crackers Milk</p>	<p>16</p> <p>French Toast Sticks with Syrup</p> <p>Baby Carrots with Ranch Apple Cheddar Goldfish Milk</p>
<p>19</p> <p>County Fair Corn Dog</p> <p>Cucumber Slices with Ranch Dressing Orange Potato Chips Cocoa Puff Chocolate Bar Milk</p>	<p>20</p> <p>Garlic Toast Grilled Cheese Sandwich</p> <p>Baby Carrots with Ranch Dressing Apple White Cheddar Popcorn Milk</p>	<p>21</p> <p>Chrispy Chicken Strips</p> <p>Grape Tomatoes with Ranch Dressing Watermelon Slice Cheddar Sunchips Milk</p>	<p>22</p> <p>Mozzerella Cheese Dippers with Marinara Sauce</p> <p>Celery Sticks with Ranch Apple Animal Crackers Milk</p>	<p>23</p> <p>Cheeseburger</p> <p>Baby Carrots with Ranch Dressing Orange Frito Corn Chips Milk</p>
<p>26</p> <p>French Toast Sticks with Syrup</p> <p>Celery Sticks with Ranch Dressing Apple Cinnamon Crisp Crackers Milk</p>	<p>27</p> <p>Oven Roasted Mini Corn Dogs</p> <p>Grape Tomatoes with Ranch Orange Cheddar Sunchips Strawberry Gushers Milk</p>	<p>28</p> <p>Crispy Chicken Sandwich</p> <p>Baby Carrots with Ranch Banana Potato Chips Milk</p>	<p>29</p> <p>Mozzerella Cheese Dippers with Marinara Sauce</p> <p>Celery Sticks with Ranch Dressing Orange Pretzels Milk</p>	<p>30</p> <p>Crispy Chicken Strips</p> <p>Grape Tomatoes with Ranch Dressing Apple Pretzels Milk</p>

INFORMATION

Regular	\$3.35
Reduced	\$1.35
Adult	\$3.35
Student Milk	\$0.10
Extra Entree	\$1.75

EXTRA INFO

Milk is included with Lunch. Milk choices are 1% White, Skim or Chocolate.
For questions or comments please contact Brenda Sunderland, FSD at sundbre@raymond.k12.wi.us or 262-864-2105.

HARVEST OF



THE MONTH

All the menu information on our app **Taher Food4Life®**



www.taher.com

Menus are subject to change without notice.