



Don't forget to eat your vegetables.

# North Cape School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

June 2019

## MONDAY



## TUESDAY



## WEDNESDAY

## THURSDAY

## FRIDAY

3  
Slow Roasted Pulled Pork Sandwich

OR Beefy Nachos with Cheese Sauce  
Seasoned Green Beans  
Steamed Rice  
Fruit & Veggie Bar

4  
Oven Roasted Turkey with Gravy

OR Hamburger  
Mashed Potatoes  
Buttered Corn  
Bread, Fruit & Veggie Bar

5  
French Toast Sticks with Syrup

OR Mini Corn Dogs  
Potato Triangle  
Bread, Fruit & Veggie Bar

6  
Last Day of School  
Cook-Out with  
Volunteers, Students  
and Staff

7  
Summer Break Starts  
Get Up and MOVE!!!  
and Have FUN!!!

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### PRICES

Regular \$3.10  
Reduced \$1.15  
Adult \$3.10  
Student Milk \$0.10

### HARVEST OF THE MONTH



### EXTRA INFO

Milk choice of 1% White, Skim or Chocolate  
Skim is included with lunch.  
For questions or comments, contact  
Brenda Sunderland, FSD @  
sundbre@raymond.k12.wi.us or  
262-864-2105

